

8月5日 新患カンファレンス

症例 40歳代 女性
主訴 ふらつき

血液検査
鉄欠乏性貧血

問診
どんなことを追加で
聞きますか
身体所見
どんな身体所見に
注目しますか

The whiteboard contains handwritten medical notes and a flowchart. At the top left, it lists '主訴) 貧血' (Chief complaint: anemia) and '現病歴) Hb 4.7 g/dL' (Current medical history: Hb 4.7 g/dL). To the right, lab results are noted: 'Hb 4.9', 'MCV 54.7', 'Fe 6', and 'Ferritin 0.9'. Below this, symptoms are listed: '倦怠感、呼吸苦、食欲低下' (Fatigue, dyspnea, decreased appetite). A '既往歴) 便秘' (Past medical history: constipation) and '生活歴) 月経不順、食事(野菜と炭水化物中心)' (Lifestyle: menstrual irregularity, diet centered on vegetables and carbohydrates) are noted. At the bottom left, '37.2℃' and '身体所見 問題なし' (Vital signs: 37.2°C, Physical exam: no problems) are written. A central 'problem list' includes: '#1. 小粒性貧血' (Microcytic anemia), '#2. 食欲不振' (Anorexia), '#3. 労作時呼吸困難' (Dyspnea on exertion), and '#4. 全身倦怠感' (General fatigue). A flowchart connects these to '鉄欠乏性貧血' (Iron deficiency anemia), which leads to '貧血' (Anemia), then to '心不全↓' (Heart failure ↓), 'COPD ↓', and '肺血栓症 ↓' (Pulmonary embolism ↓). A box labeled '慢性胃炎' (Chronic gastritis) is connected to '1. 婦人科紹介' (Gynecology referral), '2. 上部' (Upper GI), and '3. 下部' (Lower GI). '栄養指導' (Nutritional guidance) is also indicated. At the bottom, '(次回) 舌炎、口角炎、足下腫痛' (Next time: glossitis, angular cheilitis, foot pain) and '(次回) 11月の臨床研修' (Next time: clinical training in November) are noted.

今後
背景疾患として
鑑別疾患は何を
列挙しますか

必要な検査は？